

# Chattanooga"

Fit the table to the patient.

## Lumbar Traction

The table easily adjusts in three dimensions - flexion/extension, rotation and side bending for treatment in various positions. And instead of an external power source attached to the patient via ropes and pulleys, the table itself actively separates to provide individual cervical and lumbar traction, creating the experience of comfortable treatment in the exact position your patient needs.

With traditional tables, your patients must lie flat on the treatment surface or try to get comfortable using pillows, wedges or stools. Many acute patients cannot tolerate the flat position because they present with a flexed, laterally shifted posture. With the 3D ActiveTrac you can easily flex or extend, side bend or rotate the lumbar section of the table to accommodate a patient's painful posture. Once the patient is comfortable, you can gradually readjust the table to a more neutral position. This technique is particularly helpful for patients with acute or irritable lumbar herniated discs.

With the 3D ActiveTrac, the harnesses/belts are attached to the table and the lumbar section of the table moves. The force is in a straight plane to the table and is dispersed across the entire harness/belt. This technology offers a comfortable, efficient treatment.



## Cervical Traction

The 3D ActiveTrac's removable, selfadjusting and laterally adjusting neck wedge mechanism sets into the table and gives up to 50 pounds of force. Our cervical traction doesn't require ropes and pulleys - the

whole mechanism moves to provide an active pull. The cervical headpiece angle is adjustable up to 30 degrees.

Our patented self-adjusting neck wedges rotate through a 30 degree arc and are removable for easy cleaning or replacement. The rotation of the neck wedges combined with the ability to adjust the width ensures that patients with any size neck will experience a comfortable fit.

The cervical power source is contained within the table. A cervical accessory drops into place on the cervical assembly/face slot. The patient then lies supine, with the self-adjusting neck wedges cradling the occiput. The wedges are adjusted laterally and the head strap is secured to hold the patient's head and neck in proper position. Traction therapy is applied as the cervical assembly moves.

Set-up is quick and easy since no ropes or pulleys are required. The angle of the cervical assembly can be adjusted from -20 to 30 degrees to accommodate every patient's needs.

#### Tailored Therapy

- Table accommodates the pain posture of the patient
- Patient comes into the clinic with limitations; this table can assist with making therapy more comfortable via the flexion and oscillation capability
- Table facilitates the incorporation of manual techniques with traction
- Cross between manual therapy and mechanical traction (strikes a balance)

### Flexible Treatment

- Incorporates rotation •
- Table is motorized versus a rope pull
- Can be used simply as a mobility table •
- Treatment can start by moving the table as part of mobilizing the patient





DJO, LLC | A DJO Global Company **T** 800.336.6569 **D** 760.727.1280 **F** 800.936.6569 1430 Decision Street | Vista, CA 92081-8553 | U.S.A. DJOglobal.com

Together in Motion.





# Fit the table to the patient.

# The 3D ActiveTrac<sup>®</sup> is a unique table for back and neck pain treatment that adjusts to fit a wide variety of patients.



3D ActiveTrac adjusts in three dimensions: flexion/extension, lateral bending, and rotation.







Patient is secured and ready to begin treatment.



Powered table actively separates to deliver traction.

