



DURA*SOFT™ SHOULDER IMMOBILICER PATIENT INSTRUCTIONS

BEFORE USING THE DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

INDICATIONS: Provides cold therapy and/or immobilization and controlled range-of-motion, post-injury and post-operatively.

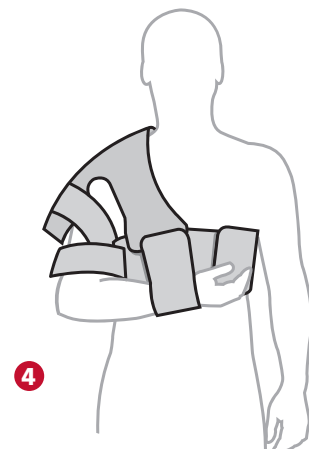
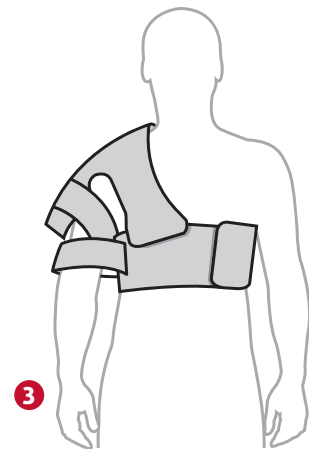
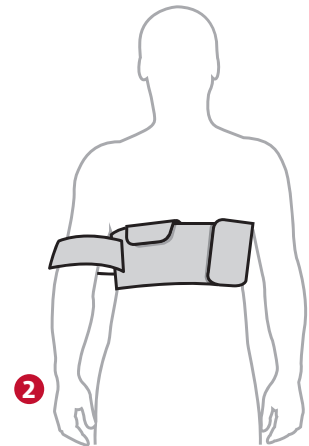
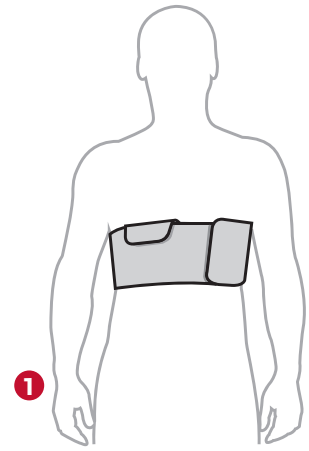
INSTRUCTIONS:

For Immobilization:

- 1) Unfasten torso strap where the “injured side” logos meet. Adjust the two overlapping pieces of the torso strap for desired fit. Wrap torso strap around chest so that the “injured side” labels are positioned under the affected arm. The Dura*Soft Immobilicer is a universal fit for both left and right shoulders, so the L label should be positioned in the front of the body for a left side affected shoulder and the R label in the front for a right side affected shoulder. Ensure the velcro tabs sit above the R and L labels and that the velcro hook side is facing outward. **(Figure 1)**
- 2) Attach abduction splint to the torso strap under affected arm. Secure strap around the arm and adjust circumference for desired fit. **(Figure 2)**
- 3) Place ice insert into mesh pocket of the shoulder pad and secure. Place ice pack over affected shoulder and attach velcro tabs to the respective torso strap tables. **(Figure 3)** If using Immobilizer without ice packs, fold down exposed velcro tabs on the torso strap. The tabs should be applied with enough stretch to keep wrap in place and provide desired compression. Duration of application shall be in accordance with a medical professional.
- 4) As needed, apply wrist splint by attaching hook velcro on wrist splint to front of torso strap.

For Cold Therapy:

- 1) **FREEZING:** Place gel inserts in the re-sealable bag. Place re-sealable bag with inserts in freezer until the gel inserts are frozen solid.
- 2) **PRE-APPLICATION:** Remove the gel inserts from the re-sealable bag. Place gel insert(s) in Dura*Soft Immobilicer wrap.
- 3) **APPLICATION:** Apply wrap to area of treatment by attaching hook or velcro fastener to outer wrap fabric. The straps should be applied with enough stretch to keep wrap in place and provide desired compression.
- 4) **CONTINUOUS TREATMENT:** When insert(s) no longer deliver desired treatment, remove insert(s) from wrap and exchange gel insert(s) in re-sealable bag. Repeat step 3) Application.
- 5) **REUSE:** Wrap or inserts may be used again by repeating steps 1) through 4).



CONTRAINDICATIONS:

Sickle-cell anemia, Raynaud's or other vasospastic diseases, cold allergy, cold hypersensitivity, previous cold injury, or any compromised local circulation, decreased skin sensitivity, hypertension, paroxysmal cold hemoglobinuria, and cryoglobulinemia.

PRECAUTIONS:

- If the effect and duration of cold therapy is unknown consult a physician before use.
- Any cold products may cause injuries, e.g. blister, frostbite, and skin or tissue necrosis if improperly used.
- Extreme care must be taken when using any cold or heat therapy, especially for Children, Elderly, Diabetics, unconscious or incapacitated patients, those with decreased skin sensitivity, or poor circulation due to cardiovascular diseases, medications, tobacco and alcohol use.
- If redness, numbness, burning, pain, tingling sensation increases, or unusual reaction like burns, blisters, discoloration, swelling, or other reaction in skin appearance occurs while using this product, consult a physician immediately.

WARNING:

- Wrap should not be worn by individuals with known susceptibility to dermatitis or allergies to neoprene by-products.
- Keep the product away from children.
- All ingredients are non-toxic and are not harmful to skin. They are, however, not intended for ingestion.
- Do not apply the gel inserts directly to the skin. Use Dura*Kold with towel between the gel inserts and skin.
- Do not wrap the pad so tightly or limit compression as to restrict blood or fluid flow.
- Never lay or sit on top of Dura*Soft gel insert.

USE AND CARE:

- Wrap may be hand washed in cold water using mild soap and air dried. **Note: If not rinsed thoroughly, residual soap may cause irritation and deteriorate material.**
- Gel inserts may be cleaned with water, moist towel or sponge.
- For cold therapy, leave the gel inserts in freezer until required. Provide proper insulation if the gel inserts are removed from freezer more than 1 hour prior to use.

Patent Pending.**FOR SINGLE PATIENT USE ONLY.**

WARRANTY: DJO, LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of six months from the date of sale.

NOTICE: WHILE EVERY EFFORT HAS BEEN MADE IN STATE-OF-THE-ART TECHNIQUES TO OBTAIN THE MAXIMUM COMPATIBILITY OF FUNCTION, STRENGTH, DURABILITY, AND COMFORT, THERE IS NO GUARANTEE THAT INJURY WILL BE PREVENTED THROUGH THE USE OF THIS PRODUCT.

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